

KMF 10K Start List
20th November 2021

Bib Number	Name	Category
1	Holly Acland	F40
2	Gemma Aden	F
3	Paul Aden	M
4	Neil Ainsworth	M50
5	Jack Aitkenhead	M
6	Katy Alexander	F40
7	Kenny Alexander	M50
8	Kieran Allen	M
9	Laurie Anderson	M
10	Heather Andrew	F50
11	Richard Andrew	M50
12	Joanne Andrews	F50
13	Jim Andrews	M50
14	Becky Angell	F40
15	David Armstrong	M60
16	Georgia Arnold	F
17	Alistair Arnott	M50
18	Damian Ashcroft	M50
19	Chris Ashton	M40
20	Sarah Atkinson	F
21	Chloe Atkinson	F
22	Vicky Atkinson	F40
23	Kaisleigh Atkinson	F
24	Penny Attwood	F50
25	Rebecca Avanesian	F40
26	Rowan Axe	M
27	Andrew Backhouse	M50
28	Christine Bagge	F60
29	Thorne Bailey	M
30	Alyson Bainbridge	F40
31	Michael Bainbridge	M40
32	Nancy Baker	F
33	Mandy Baldam	F50
34	Kasia Baldwin	F40
35	Steve Banning	M50
36	Samantha Bannister	M
37	Lee Barclay	M40
38	Logan Barker	M
39	Jordan Barnes	M
40	James Baron	M50
41	Jon Barton	M50
42	Emily Battrick	F
43	John Battrick	M
44	Holly Beavitt-Pike	F
45	Ruth Bell	F
46	Stuart Bell	M60

**KMF 10K Start List
20th November 2021**

47	Dan Bell	M
48	Chris Bennett	M
49	Danny Bent	M40
50	Mike Berners-Lee	M50
51	Gareth Berridge	M40
52	Claire Bewsher	F40
53	Jemima Bisset	F
54	Jiri Bittner	M40
55	Rachel Blakeley	F40
56	Craig Blakey	M
57	Helen Blunt	F40
58	Gordon Blunt	M40
59	Olivia Bolton	F
60	Margaux Bonhoure	F
61	Andrew Booth	M40
62	Matthew Bouch	M
63	Amy Boustead	M50
64	Charlie Boydell-Smith	M
65	Clare Brame	F
66	Kate Brayshaw	F40
67	Andy Brayshaw	M40
68	B Brennan	M50
69	Isabel Brenner	F
70	David Brindley	M50
71	Elizabeth Britton	F
72	William Britton	M
73	Graham Britton	M60
74	James Brooker	M
75	Peter Brookes	M60
76	Russell Brooks	M50
77	Louise Brown	M50
78	Vikki Brown	F40
79	Calum Brown	M40
80	Dan Brown	M
81	Lawrence Brown	M
82	Peter Browne	M60
83	Sorrel Bruce	F
84	David Buckley	M60
85	Lucy Bullen	F40
86	Francine Bult	F
87	April Bura	F
88	Emma Burdon	M40
89	Vicki Buss	F40
90	David Butler	M50
91	Karen Butterworth	F40
92	Kitty Cahill	F
93	Molly Callow	F

**KMF 10K Start List
20th November 2021**

94	Stephen Campbell	M40
95	Ollie Cannon	M
96	Nathan Capay	M
97	Matt Capper	M
98	Julia Carefoot	F40
99	Adam Carradus	M
100	Mags Casey	F50
101	Cathleen Casterton	F
102	Jo Cater	F50
103	Richard Cater	M50
104	Gary Cattermole	M50
105	Laura Chamberlain	F
106	Kevin Chaplow	M50
107	Marie Cheng	F
108	Michael Church	M
109	Daniel Cibich	M40
110	Josephine Clare	M50
111	Hazel Clark	F40
112	Rebecca Clarke	F40
113	Ed Clarke	M
114	Michael Clarkson	M
115	Laura Clements	M40
116	Steven Coates	M40
117	Pete Coe	M60
118	George Coleman	M
119	Harry Collas	M
120	Jon Collins	M
121	Sarah Colyer	F50
122	Oliver Connelly	M50
123	Asia Connor	F
124	Andrew Connor	M50
125	Sally Conroy	F40
126	Sarah Cook	F
127	Ian Cook	M50
128	Phil Cooper	M40
129	Debbie Copley	F50
130	Kerry Cornforth	F50
131	William Coupe	M50
132	Henry Courtier	M
133	Darren Coward	M
134	May Crawford	F40
135	Jonathan Creedy	M
136	Rebecca Crellin	F
137	Ryan Crellin	M
138	Darryl Cribbens	M40
139	Mark Cropper	M40
140	Paul Crosby	M50

**KMF 10K Start List
20th November 2021**

141	Alfie Crosby	M
142	Richard Crowe	M40
143	Olwen Cunningham	F50
144	Seren Darrell	M
145	Carly Davies	F
146	Patty Davies	F50
147	Tillie Davies	F50
148	Adam Dawson	M
149	Connor De Curtis	M
150	Giles Dean	M
151	Jim Dean	M80
152	Rachel Dench	F
153	Mel Dennison	F
154	Catherine Derbyshire	F40
155	Chris Derry	M
156	Adrian Dixon	M50
157	Rachel Dobson	M40
158	Adrian Dobson	M60
159	Andrew Douglas	M40
160	John Douglas	M50
161	Colin Downey	M60
162	Agnieszka Dudlik	F40
163	Alan Duerden	M40
164	Paul Dugdale	M50
165	Stu Duggal	M
166	Mark Duggan	M
167	Jennifer Duncan	F40
168	Paul Dye	M50
169	Bianca Dyer	F40
170	Jacob Dyer	M50
171	Andy Eades	M
172	Catherine Eaton	F40
173	Katie Edge	F
174	Tom Eldred	M
175	Amy Elliott	F
176	Megan Elsom	F
177	Fiona English	F
178	Graeme English	M
179	Cliff Etherden	M70
180	Andrew Evans	M50
181	Scott Evans-Brahim	M
182	Timothy Exley	M
183	Julie Eyre	F60
184	Linda Farquhar	F70
185	Rachel Farrington	F
186	Claire Farrow	M
187	Jordina Farris	F40

**KMF 10K Start List
20th November 2021**

188	Steven Fell	M
189	Adam Fenton	M
190	Nicole Ferris	F
191	Tim Field	M50
192	Siobhan Firman	F
193	Elaine Fisher	F50
194	Joe Fisher	M50
195	Lucy Fitzsimons	F
196	Lynda Flaherty	F40
197	Andrew Flaherty	M40
198	Elizabeth Fleetwood	F50
199	Marcus Fletcher	M
200	Seana Forbes	F
201	James Forrest	M
202	Filipe Fortes	M
203	Jo Foster	F50
204	Tom France	M
205	Sam France	M
206	Oli France	M
207	Rachel Fryers	F40
208	Linda Gant	F60
209	Simon Gardner	M50
210	Rose Gare-Simmons	F
211	Cathryn Gawthorpe	M
212	Matthew Geagea	M
213	Keanu Gee	M
214	Peter German	M40
215	Andrew Gerrard	M
216	Sarah Gerrish	F
217	Sean Gibson	M
218	Tom Gibson	M
219	Justin Gill	M40
220	Paul Gillard	M
221	Katherine Gillbe	F40
222	Merlyn Gilldaley	F
223	Jo Gillyon	F40
224	Samuel Gilmore	M60
225	Josh Glennon	M
226	David Goadby	M
227	Jay Golian	M40
228	Jessica Goodfellow	F50
229	David Goodyear	M50
230	Emma Graham	F40
231	Laura Graham-Clare	F
232	Vicki Grant	F
233	Lucy Gray	F
234	Rosanna Green	F

**KMF 10K Start List
20th November 2021**

235	Tom Green	M
236	Colin Green	M50
237	Jacob Green	M
238	Adam Green	M
239	Jonathan Green	M
240	Sam Green	M
241	Tara Green-Robinson	F
242	Sarah Griffin	F40
243	Yvonne Griffiths	F50
244	Jennie Grimes	F
245	Jenny Guilder	M
246	Alaistair Guinee	M
247	Liang Guo	M40
248	Stephen Hackley	M50
249	Dawn Haddrick	F40
250	Magnus Hadley	M
251	Joe Hails	M50
252	Gillian Halhead	F50
253	Janet Hall	F40
254	Rebecca Hall	F
255	Suzy Hankin	F40
256	Nicola Hardy	F
257	Rob Harper	M50
258	Jennifer Harris	F40
259	Ellie Harrison	F
260	Steve Harrison	M40
261	Ben Harrison	M40
262	Rachel Hartley	F40
263	Claire Hartley	F40
264	Emma Haugh	F
265	Phillipa Haworth	F
266	Travis Hayes	M40
267	Maria Hearn	F40
268	Andrew Hebson	M40
269	Ian Hewitt	M40
270	Lucy Hewson	F
271	Peter Hewson	M
272	Michelle Hicks	F50
273	John Higgins	M50
274	James Highfield	M
275	Sam Hill	M
276	Christopher Hill	M
277	Ruth Hilton	F
278	Ben Hitchins	M
279	Ben Hobson	M
280	Richard Hockin	M70
281	Benjamin Hodgson	M

KMF 10K Start List
20th November 2021

282	Beth Hoggarth	F
283	Caroline Holden	F50
284	Gary Hollis	M50
285	Sarah Holman	F
286	Annabel Holmes	F50
287	Joanna Hooper	F
288	Rachel Horner	F
289	Liz Horsley	M
290	Lesley Houfe	F50
291	Matthew Howard	M
292	Michael Howard	M40
293	Kate Howarth	F
294	Colin Howell	M50
295	Andrew Howells	M50
296	Christopher Hughes	M
297	Jonathan Hughes	M
298	Sam Hughes	M
299	Andrew Hynes	M40
300	Ryan Ing	M
301	Alun Ireland	M50
302	Lisa Irving	M
303	Emma Jackson	F40
304	Emily Jackson	F
305	Robert Jackson	M40
306	Annabel Jackson Prow	F40
307	Katie Jackson-Roe	F40
308	Ruth Jacob	F
309	Lucy Jacques	F
310	David James	M50
311	Noah Jay	M
312	Toby Johnson	M40
313	Vicky Johnston	F50
314	Stephen Jolly	M60
315	Ruth Jones	F50
316	Kiri Jones	F
317	Sarah Jones	F50
318	Rosie Jones	F
319	Matt Jones	M40
320	Chris Jones	M50
321	Joshua Jones	M
322	Stephen Jones	M50
323	Michael Kearney	M
324	Tristan Keates	M50
325	Andrea Kelly	F50
326	Julie Kelly	M60
327	Graham Kenealy	M60
328	Beth Kennedy	F

**KMF 10K Start List
20th November 2021**

329	Joe Kenny	M
330	Isaac Kenyon	M
331	Dave Kerigan	M40
332	Gemma Kersey	F
333	Kim Kiessler	F
334	Amy Kilpin	F
335	Simon King	M
336	Stephen King	M50
337	Simon Kirby	M50
338	Ann Kisluk	F50
339	Stuart Knott	M40
340	Eleanor Knowles	F50
341	Matthew Lacey	M40
342	Beth Langley	F
343	Emma Lawrenson	F40
344	Richard Leafe	M50
345	Anna Lee	F
346	Rachel Lee	F50
347	Philip Lee	M40
348	Mark Lee	M40
349	Grace Leedham	F50
350	Victoria Leedham	F
351	Sian Lewis	F
352	Elaine Lewis	M50
353	Eden Lewis	M
354	Chris Lines	M50
355	Lewis Litherland	M
356	Gwen Lloyd	F
357	Jake Lodge	M
358	Marcus Loney-Evans	M
359	Deborah Lund	F40
360	Robert MacFarlane	M40
361	Caitlin MacGregor	F
362	Rudolf Maclejkowicz	M60
363	Caroline MacK	M50
364	Katie MacKay	F
365	Paul MacKenzie	M50
366	Charlie MacKenzie	M
367	Petra Madarasan	F40
368	Deborah Mahoney	F50
369	Timothieus Marjot	M
370	Fiona Marley Paterson	F
371	Tim Marsh	M50
372	Felicitas Mason	F
373	Peter Massey	M50
374	Marta Materska	F
375	Jessica Mather	F

**KMF 10K Start List
20th November 2021**

376	Hugh Mayoh	M
377	Scott McAlister	M50
378	Yvette McCann	F
379	David McDougall	M50
380	Stuart McGurk	M60
381	Jordan McKinnon	F
382	Shaun McMullen	M50
383	Bobby McNicol	M
384	Natasha McPhail	F50
385	Tom McVeigh	M
386	John Mealey	M
387	Mikaely Medeiros De Melo	F
388	Kristyna Medland	F
389	David Meekin	M40
390	Rosina Merrett	F40
391	Laura Miller	F40
392	Daniel Milton	M40
393	Emma Mitchell	M50
394	Hannah Mitchell	M
395	Scott Mitchell	M40
396	Anna Mollart-Solity	F
397	Liz Molyneux	F
398	Judith Moore	F60
399	Debbie Morgan	F
400	Tommy Morgan	M40
401	John Morley	M
402	Olivia Morris	F
403	Sarah Morris	F40
404	Dean Morris	M40
405	Rhys Morris	M
406	Ross Morris	M
407	Louise Mort	F40
408	William Moses	M
409	Laurie Mucha	F40
410	Dan Mucha	M40
411	Stewart Muir	M40
412	Saskia Munden	F
413	Harrison Munsch	M
414	Lawrence Murray	M
415	Sarah Murtagh	F
416	Cath Musetti	F50
417	Simeon Musgreave	M
418	Fernando Nasso	M
419	Wendy Navin	F50
420	Kelly Neal	M
421	James Neilson	M40
422	Gail Nelson	F50

**KMF 10K Start List
20th November 2021**

423	Ian Nelson	M60
424	Dennis Nelson	M50
425	Richard Nelsson	M60
426	Rita Nemcsenyi	F
427	Finn Newall	M
428	Ricky Newell	M
429	Joanne Newhouse	F50
430	Fred Newton	M
431	Robert Nicholas	M40
432	Tim Noble	M40
433	Michael Norledge	M50
434	Annette O'\\\\\\\\\\'Donoghue	F50
435	Janie Oates	F
436	Matthew Ogg	M
437	Amy Oliver	F
438	Richard Oliver	M50
439	Bernadette Oneill	F50
440	Teresa Onions	F60
441	Paul Otway	M50
442	Simon Pagan	M40
443	Derek Paling	M60
444	Jude Palmer	F40
445	Richard Parker	M
446	Caron Parkes	F50
447	Robert Parkes	F50
448	Emilia Parr	F
449	Terry Parr	M60
450	James Parsons	M40
451	Ozzie Parsons	M40
452	Michaela Paternoster	F
453	Luke Patterson	M40
454	David Pattison	M40
455	Matthew Peck	M
456	Craig Perkins	M50
457	Adam Perry	M
458	Anna Philips	F
459	Derek Pickles	M40
460	Mat Pickup	M40
461	Christopher Plumpton	M60
462	Sarah Pocock	F
463	Ed Poulter	F
464	Thomas Prebble	M
465	Steven Price	M
466	Gareth Price	M40
467	Neil Price	M
468	Jack Price	M
469	Erin Prior	F

**KMF 10K Start List
20th November 2021**

470	Rose Proudfoot	F
471	Richard Purkis	M
472	Martin Pyrah	M50
473	Emma Quinn	M40
474	Kirsty Reade	F40
475	Sophia Reed	F50
476	David Reed	M40
477	Louisa Reeve	F
478	Paul Reilly	M40
479	Jevgeni Repponen	M
480	Charlotte Repton	F
481	Julie Reveillere	F
482	Gwen Rhodes	F40
483	Matt Rhodes	M40
484	Alison Richards	F40
485	Alexandra Ridge	M
486	Avalon Ridler	F
487	Adam Roberts	M
488	Steven Roberts	M60
489	Craig Roberts	M50
490	Emma Robinson	M
491	Kevin Robinson	M50
492	James Robinson	M
493	Katie Roby	F
494	Andrzej Rogalski Q100team	M40
495	Nick Rogers	M50
496	Charlotte Roges	F
497	Peter Roll	M50
498	Gemma Rose	F
499	Mark Rosenberg	M
500	Deborah Ross	F40
501	Stephen Ross	M50
502	Daniel Ross	M40
503	Toby Rowe	M40
504	Mark Rowntree	M60
505	Hannah Russell	F
506	Andrew Russell	M50
507	Brenda Rutter	F50
508	Andrew Rutter	M
509	Curtis Rutter	M
510	Philip Rutter	M
511	Jack Ryder	M
512	Jim Ryder	M50
513	Lukasz Ryszka	M
514	Catherine Sanderson	F40
515	Matt Santo	M40
516	King Sara	M50

**KMF 10K Start List
20th November 2021**

517	Lawrence Sawyer	M
518	Victoria Sayers	F
519	Magdalena Schoerner	F
520	Claudia Schroegel	F
521	Susan Scott	F40
522	Rebecca Jane Scott	F
523	Adam Scott	M
524	Rod Scott	M40
525	James Scott	M
526	Antony Scott	M50
527	Stuart Scott	M40
528	Tom Scott	M
529	James Scott	M40
530	Dan Scott	M50
531	Justin Sears	M40
532	Danny Seddon-Roberts	M
533	Sarah Senior	F50
534	Emily Seymour	F
535	Sarah Shackleton	F
536	Fay Sharples	F
537	Rachael Shaw	F40
538	Thomas Shaw	M
539	Bill Shepherd	M60
540	Seb Sillito	M40
541	Vanuza Silva	M40
542	Michael Simon	M50
543	Emily Simpson	F
544	Rachel Simpson	F
545	Robin Simpson	M
546	Jack Simpson	M
547	Tom Slater	M40
548	Daniel Slome	M40
549	Robert Smale	M
550	Rachel Smart	F
551	Jessica Smith	F40
552	Jane Smith	F
553	Diana Smith	F40
554	Helen Smith	F
555	William Smith	M50
556	Jonathan Smith	M40
557	Nea Sneddon-Jenkins	F
558	Christine Somers	F
559	Sheona Southern	F50
560	Will Sparks	M
561	Catherine Speakman	F40
562	Helen Spring	F40
563	Rob St John	M

**KMF 10K Start List
20th November 2021**

564	Chris Stanger	M60
565	Alex Staniforth	M
566	Billy Stephens	M
567	Anna Stevens	F50
568	Si Stevenson	M40
569	Darren Street	M50
570	Jason Street	M40
571	Meg Stuart	F
572	Sara Summers	F50
573	Rachel Summrs	F50
574	Joanna Sutton	F
575	Sean Tan	F
576	Justin Tancrel	M40
577	Jonty Tarbuck	M50
578	Kate Tarling	F40
579	Miranda Taylor	F50
580	Laura Taylor	F
581	Kim Taylor	M60
582	David Taylor	M50
583	Gareth Taylor	M40
584	Joe Taylor	M
585	Ben Taylor	M40
586	Edward Taylor	M50
587	Hugh Thomas	M40
588	Toby Thomas	M
589	Ian Thompson	M
590	Brian Thompson	M60
591	Madoc Threipland	M40
592	Emily Thwaites	F40
593	Chloe Thwaites	F
594	Anton Tichenko	M
595	Georgia Tindley	F
596	Katie Todd	F
597	Jonathan Tombs	M50
598	Dan Tomkins	M40
599	Paul Towers	M50
600	Paul Trott	M50
601	Gareth Troughton	M
602	Robin Tuddenham	M50
603	Fay Tuffen	F40
604	Sarah Tunstall	F
605	Giles Turner	M
606	Josh Turton	M
607	George Udale	M
608	Cherry Usborne	F
609	Jeremy Valentine	M60
610	Catherine Vaneris	F40

**KMF 10K Start List
20th November 2021**

611	Harry Vaneris	M40
612	Camila Varo	F
613	Chris Vincent	M50
614	Abby Wade	F
615	Josh Wade	M
616	Lee Walker	M
617	Andrew Wallace	M40
618	David Waller	M50
619	Maximillian Ward	M
620	Terence Ward	M40
621	Anna-marie Watson	F40
622	Jenny Watt	F
623	Will Watt	M40
624	Jared Waywell	M
625	Simon Webb	M
626	Joe Webb	M
627	Dinia Westlund	F
628	Jacqui Weston	F50
629	David Wheeler	M
630	Katy White-Marsh	F40
631	Karolina Wierzbilo	F40
632	Chris Wilden	M
633	Emily Wilford	F
634	Amy Wilkin	F40
635	Jayne Wilkinson	F
636	Charlie Willard	M
637	Christopher Williams	M
638	Matt Williams	M
639	Sheila Williamson	M50
640	Isobel Williamson	F70
641	Rebecca Wilson	F
642	Lauren Wilson	F
643	Steph Wilson	F40
644	Martin Wilson	M70
645	Olivia Wines	F
646	Jamie Wood	M
647	Hannah Woodhead	F
648	Joe Wrigley	M
649	Paul Yates	M40
650	Phil Young	M50
