

Kendal Mountain Festival 10km Trail Run

Entry Form

Just tick the appropriate box

| | | | |
|-----------|--------------------------|-------------|--------------------------|
| male solo | <input type="checkbox"/> | female solo | <input type="checkbox"/> |
|-----------|--------------------------|-------------|--------------------------|

| | |
|-------------------------------------|--|
| club / team name <i>optional</i> | |
|-------------------------------------|--|

Please use block capitals

| | |
|-------------------------------|--|
| name | |
| address | |
| post code | |
| date of birth | |
| e-mail | |
| home phone | |
| mobile phone | |
| emergency contact <i>name</i> | |
| emergency con. <i>phone</i> | |

| | |
|-----------|--------------------|
| Signature | _____ |
| Date | 20th November 2021 |

Please tick box if you wish to receive news on future Open Adventure events

Participant Disclaimer

I agree that I enter at my own risk and take full responsibility for my safety and actions during the event. I therefore do not hold Open Adventure Limited or any of its agents responsible for any damage or injury sustained to me or my property during the event. I agree to follow and abide by any instructions given by Open Adventure Limited staff.

Medical Information: Please make sure you complete the medical information sheet on the reverse of your event bib number.

Photography and filming: During our events there will be photographers and on occasions film crews. By entering our events you are giving consent that images of yourself maybe used to promote Open Adventure and/or its sponsors.

Event Information: You **must** stop and give way to vehicles when crossing roads.