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*For immediate release*

## The Curse of the Trousers Fillers: Are you up to the Adventure of the Year?

**There are just two months left to prepare for the ultimate personal challenge of 2006; the Open24.**

The amazing setting for this year's Open24 is the Yorkshire Dales, and this will be the first 24-hour Adventure Race ever to have taken place in the area. Challenges will include mountain biking, running, trekking and various special stages, which will remain secret until the start of the race but could include anything from abseiling to gorge scrambling!

The Open24 is suited to both professionals and beginners, as it allows competitors to choose their routes and challenges. Everyone has the opportunity to take the 'easy' or the 'difficult' routes on each stage, depending on their strengths. And the participants can all decide if they are brave enough to experience the special stages, or 'trouser fillers' as they have become known!

Event organiser, James Thurlow, comments "The Yorkshire Dales is a natural adventure playground and I've enjoyed spending time there over the past few months creating the course and working with our event safety team and local landowners. We have set up some fantastic challenges and this year's Open24 promises to be the best yet!"

So what do racers get in return for putting their bodies through such a tough test? Open24 is fortunate to have some very generous sponsors; Mountain Hardwear has donated over £800's worth of kit as prizes for the winners. Anquet Maps present winners with software that includes Ordnance Survey 1:50,000 scale mapping plus powerful Anquet route planning software, and Total Adventure donate experience vouchers, to give winners an opportunity to try a range of different sports – just in case they have any energy left. In addition, EAS are on hand to provide carbohydrate bars, drinks and gels to rehydrate all the racers throughout the race and as they cross the finish line.

Open24 takes place on the 29th and 30th July 2006 somewhere in the Yorkshire Dales. The challenge is open to pairs, with categories for female, male and mixed pairs. If you book before the 30th June, you can take advantage of a discount on the entry fee. For further details, visit [www.openadventure.com](http://www.openadventure.com)

ENDS

