

# Kendal Mountain Festival 10km Trail Run

# Entry Form

Just tick the appropriate box

male solo	<input type="checkbox"/>	female solo	<input type="checkbox"/>
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club / team name <i>optional</i>	
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Please use block capitals

name	
address	
post code	
date of birth	
e-mail	
home phone	
mobile phone	
car reg.	
emergency contact <i>name</i>	
emergency con. <i>phone</i>	

Signature	_____
Date	18th November 2017

**Participant Disclaimer**

I agree that I enter at my own risk and take full responsibility for my safety and actions during the event. I therefore do not hold Open Adventure Limited or any of its agents responsible for any damage or injury sustained to me or my property during the event. I agree to follow and abide by any instructions given by Open Adventure Limited staff.

**Photography and filming:**

During our events there will be photographers and on occasions film crews. By entering our events you are giving consent that images of yourself maybe used to promote Open Adventure and/or its sponsors.